



Conference Breaks

Are your company planning a conference, a seminar or a kick-off meeting, and do you need some alternative breaks during the meeting itself or during the coffee breaks?

During and after an intense conference day, most participants typically need some space and a bit of air. Why not use the opportunity to shake up everyone, and give them a physical and mental boost?

Vice Versa gives you the chance to make use of coffee breaks and other "holes" in a fun and different way. We have a wide range of professional instructors, entertainers and charismatic personalities in order to create tailor made breaks for you.

Why not use a coffee break to move your body with a lecture in STOMP dance? You use your own conference materials in order to create the rhythm and music. The activity can be combined with a drum workshop, where all participants get their own drum.

Alternatively you can spend the break in one of our neck massage chairs, and get a 3 minutes intensive treatment. You could also include half an hour of Tai Chi or maybe even invite a fake guest speaker, who will bring a smile upon people's lips.

Finally, you could treat the participants' taste sense with different small snacks that could be an inspiration next time that they have guests over for dinner.

There are many options for alternative breaks. Call us and be inspired.