



Kullen multi activity day

Take your employees or clients on a trip to Kullen and give them an exceptional nature experience, while they work together in teams in order to complete different physical tasks on this multi activity day.

Just on the other side of the Sound, only 2 hours from Copenhagen, you will find this unique place.

With its exceptional nature, rocky landscapes and unique surroundings, Kullen invites you to a nice teambuilding day, where you compete against each other in teams within psychic and physical stamina, precision and teamwork. During the day you will face different challenges, such as rappelling; orienteering with compass between 4-6 checkpoints; Tyrolese high rope situation, climbing and communication solutions with signal flags.

The event could start in the morning, where you will be picked up by a bus and enjoy breakfast on your way to Kullen. Well arrived it is time to find your group and face the different challenges via a rotation system. After each discipline you will be rewarded with points – e.g. within the categories of teamwork, communication and the completion of the activity.

After the activities it is time to enjoy a picnic lunch in the free. If you still have any energy left it is possible to take a kayak trip on open sea. Another alternative is, together with a guide, to go on a hike in order to see the biggest tree sculpture in the world, Nimis.

Besides learning more about yourself and the group, it is possible to announce a winner based on the scores from the different activities.

The announcement of the winner group could take place in the evening with a traditional Swedish dinner party with crawfish and Swedish drinking songs.

The activity day can be adjusted so that everyone can participate - both in length of time and level of difficulty.