



Stunt Workshop

We challenge you and offer you the chance to become a stunt man / stunt woman for a day!

Your life is never boring when you are working with stunts. However, it is important always to focus on cooperation, safety and mutual trust. You will experience all this during our workshop, where you and your colleagues will be trying different impressive and spectacular stunts!

Together with our professional stunt instructors, you and your colleagues will learn to cooperate and make all the stunts look convincing and, of course, make sure that everything is safe and secure. Mutual trust and cooperation is essential to reach a good result. The different exercises will of course be customized in order to fit each individual. So, there will be exercises for both the cautious ones and the daredevils!

One of the things you are going to try is stage fight, where you will be practicing different techniques in order to perform a convincing hit or kick. The fight can be combined with squibs, where we use real explosives – combined with fake blood – in order to imitate a shot. The guns are firing blanks, and there is no risk of harming each other. It is also possible to integrate a wire pull in your stunt which will pull the victim away and make the stunt look more convincing.

If you prefer heights, it is possible to do a fall from a height of 10 meters, where you will land safely on a huge air mattress. Another powerful stunt is semi burn, where you will be set on fire. It's all safe since you will be protected by a special made costume. But you will still be able to see and feel the warm flames.

Throughout the day you will be divided into groups, and then rotate among the various stunts, so that it will be possible to try everything.

When the day is over you probably need some energy, so why not end the day with a dinner? The dinner can be combined with a stunt quiz, or a video/ photo show with pictures from your stunt event.